



Your *expert* on healthcare costs

We Provide Comprehensive Healthcare Cost Consulting Services For You



These days, healthcare costs are skyrocketing and the choices

are ever more confusing. No wonder you are asking yourself how much healthcare will cost in the future, and how you can plan to cover the cost. You have questions about your health insurance (whether employer provided or individually purchased), long term care insurance, Medicare coverages and Medigap policies, with their various deductibles and co-pays. All of these things factor into your healthcare costs. After all, everyone wants good healthcare at a reasonable price!

Visit us on the web @ www.GOODCARE.com

The GOODCARE.com Health Insurance Check-up

Whether you're under 65 and looking for health insurance or you've turned 65 and eligible for Medicare, we can help you choose the plan that's right for you.

We will help you eliminate the stress of sorting through endless plan brochures, comparing a myriad of options and interpreting tortuous insurance terminology.

With our assistance you'll be better informed and avoid costly mistakes. The wrong choice could cost you thousands of dollars in unexpected costs.

We will help you:

- 1—Understand how Medicare works and learn the difference between Medicare Advantage plans, Medigap, Part D, and Traditional Medicare.**
- 2—Choose the right plan that works best for you and your healthcare needs.**
- 3—Know when enrollment begins and when re-enrollment becomes available.**
- 4—Make sure your preferred providers are included in your plan.**
- 5—Make sure you have prescription drug coverage that's affordable and also meets your needs.**
- 6—Learn about affordable health plan options.**

Health Insurance Check-up Process

Initial Assessment:

- You complete a questionnaire regarding your health coverage, health, benefits, prescription drugs, doctors and financial situation.
- We work with you to help determine your priorities and research the best available plan options
- We provide you with an analysis of the plans that best meet your needs.

Additional services * as needed such as:

- Assisting you through the enrollment process.
- Reviewing your chosen coverage annually to ensure that you have the most affordable plan.
- Consult on Long Term Care Planning
- Manage Healthcare for an Elder

The Free GOODCARE Toolkit™

We have tools to help you organize healthcare expenses and manage important information. You can download any one or all the tools in the kit from our website @ www.goodcare.com/toolkit.

The GOODCARE.com® website is Health on the Net Accredited!



The HON Foundation is a non-profit, non-governmental organization, leading the effort to promote and guide the use of reliable online healthcare information. GOODCARE.com® is proud to be accredited and meets these exacting standards.



Did You Know ?

According to a National Study: 95% of Medicare enrollees do not pick the most cost effective plans.

In 2007, disposable income spending on medical care exceeded food, clothing and shelter.

The semi-private annual rate for a nursing home in New York State was > \$106,000 in 2008

Routine out-of-pocket healthcare spending for people over 65 is expected to triple in the next 10 years. The average cost per-person for 2009 was \$6300.



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Your *expert* on healthcare costs



Save Money on Your Healthcare Costs Now!

We can help you:

- Plan for Healthcare Costs in Retirement
- Choose the best, most affordable Medicare Plan
- Find Suitable Individual Health Insurance
- Consult on Long Term Care Planning
- Manage Healthcare for an Elder

Contact us today for a consultation to learn how we can help you!

